# SPA DELIGHTS

# Blue Corn Tortilla Chips & Roasted Tomato Salsa 12 66

#### Avocado Toast 12 🛚

(can be made gluten free)

scallions jalapeño almonds red onion

#### Roasted Red Pepper Hummus 14 ®

chilled vegetables warm pita locally made blue corn tortilla chips

# Marinated Olives & Wrapped Dates 14

bacon wrapped dates olives almonds spicy citrus aioli

#### Fruit Plate 16

banana bread cottage cheese or yogurt

#### JW Cheese Plate 18

chef's selection of artisanal cheeses crackers

GF Gluten Free; V Vegetarian; VE Vegan

Also Gluten free bread is available upon request Ask how to make your selection gluten free when ordering. "Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illnesses, especially if you have certain medical conditions



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### WELLNESS-INSPIRED

under 500 calories

All items served with radish & avocado side salad, choice of dressing.

#### Grilled Eggplant Sandwich 14 ®

roasted red peppers caramelized onoins baby spinach feta cheese garlic herb spread whole-wheat french baguette

#### Turkey Pesto Wrap 15

basil pesto sliced tomatoes avocado baby greens flour wrap choice of dressing

#### Rainbow Kale Salad 15 @0

red cabbage quinoa apple spinach smoked almonds grana padano

#### Chicken & Quinoa Burrito 19

spiced quinoa chicken cilantro onion black beans roasted corn lime



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# SOUP & SANDWICHES

All sandwiches served with choice of french fries, side salad or cup of soup.

#### Soup of the Day 9

#### Tomato Basil Soup 9 👓

roasted roma tomatoes basil cream

#### Turkey Clubhouse Sandwich 16

add: avocado 5

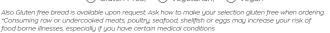
shaved turkey breast bacon lettuce tomato mayo whole-wheat toast

#### Grilled Blackened Chicken Sandwich 17

add: bacon 3

locally sourced california aged cheddar cheese avocado grilled red onion sliced tomato chipotle-honey mustard brioche bun

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### SALADS

#### Bibb Salad 13 @

add: chicken 6 / shrimp 9 / salmon 11

tomatoes cucumber bacon blue cheese crumbles blue cheese dressing

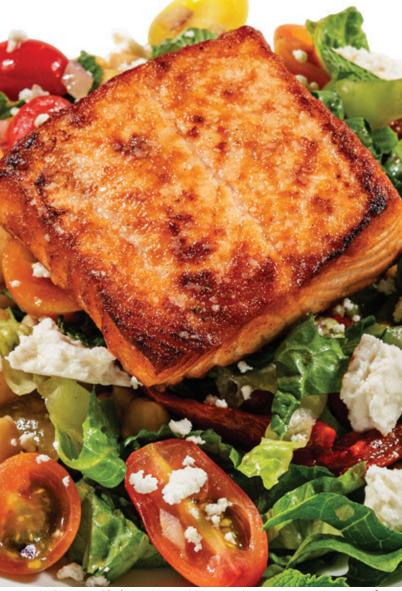
#### Caesar Salad 13

add: chicken 6 / shrimp 9 / salmon 11

chopped romaine lettuce parmesan cheese house made croutons caesar dressing

#### Roasted Salmon Salad 16 60

tomatoes chickpeas feta mint roasted peppers romaine lemon vinaigrette



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### **SMOOTHIES**

#### Energy Elixir 12

apple pineapple celery spinach cucumber lime juice avocado coconut water

#### Recharge Remedy 12

pineapple apple banana yogurt coconut water

#### Nourish Potion 12

apple raspberry strawberry yogurt banana chia seed coconut water

### **JUICES**

### Immunity 11

apple ginger lemon

### Cleansing Carrot 11

carrot. apple. lemon. ginger.

### Revitalizing Blend 11

apple kale lemon ginger parsley

### COCKTAILS

Bloody Mary 10

Mimosa 10

#### Aquae Seasonal Sangria 12

#### Blueberry Lemonade 12

stoli blueberry fresh lemon juice simple syrup muddled blueberries

#### Spa Elixir 14

hendrick's gin st-germain muddled cucumber fresh lime juice

#### Angry Cucumber 14

hanson's organic habanero vodka fresh lime juice simple syrup mr-q cumber soda mint leaves

#### Bluegrass Smash 14



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BUBBLES	G	В
Schramsburg Mirabelle Brut California	16	79
Taittinger "La Francaise" Brut France	24	119
WHITES		
Chateau Gassier Rosé Esprit Gassier		
Cotes de Provence France	14	55
Villa Maria Sauvignon Blanc New Zealand	15	59
Merryvale "Starmont" Chardonnay Napa Valley California	15	59
REDS		
"Meiomi" Pinot Noir	14	55
Justin Cabernet Sauvignon Paso Robles California	16	63
Whitehall Lane Merlot Napa Valley California	20	79

# REFRESHING CHOICES

Coconut Water 11.2 oz 6

Evian Water 750ml 9

San Pellegrino Sparkling Water 750ml 10

### MOCKTAILS

#### Iced Green Tea No-Jito 8

iced green tea fresh lime juice spearmint leaves honey club soda

#### Coconut Mango Crush 8

coconut water mango nectar sparkling water fresh lime juice

#### Baby Bellini 8

peach nectar sparkling apple juice

### SOFT BEVERAGES

Iced Tea 5

#### Pepsi Soft Drinks 5

#### Juice 7

orange • grapefruit • apple • tomato pineapple • cranberry

#### Coffee Pot small 8/large 11

regular or decaffeinated

